Hollywood & Westwood

HOW MUSIC AFFECTS YOUR EMOTIONS

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People say that music is to emotions what smell is to sight. Many people imagine something when they are asked to imagine a smell. When they listen to music, they can imagine the feeling of the song. I'm going to tell you about how music affects your emotions. I have two different ideas, but I'm going to tell you about one piece of research first before I tell you about the song.

Researchers gathered more than 5,000 people and had half of them listen to an epic tune and the other half listen to a sad song. The people who listened to the epic song thought positively and their ability to take action increased. The other group tended to feel the opposite.

There was another result. I said the people who listened to the sad music tended to feel sad and negative, but some people felt relaxed. And the song was not only sad- it was also beautiful. It turns out that sad songs have the ability to heal people from grief.

Let's summarize the results!! First, epic songs give people motivation, positive thinking and it increases their ability to take action. Second, sad songs give people negative emotions, but sad and beautiful songs can change peoples' minds, especially a sad mind. So, I recommend that you make 2 types of playlists: one with epic songs to motivate you, and the second with sad and beautiful songs in case you feel grief.

By Yuna

WHY JAPANESE ANIME IS POPULAR OVERSEAS



Japanese anime is famous and popular all over the world. Some foreigners may become interested in Japanese culture or study the Japanese language after watching Japanese anime. There are three elements that make Japanese animation so popular.

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First, there are many genres in Japanese anime. Fantasy, Sci-Fi, romance, horror, etc. Anime can also broaden our knowledge of Japan such as its history and wars. There are people all over the world who are interested in Japanese anime because of the wide range of genres.

Secondly, the quality of Japanese anime is high and the characters and BGM are delicately drawn. Many people are attracted to the characters' facial expressions, detailed movements, and realistic depiction of buildings. The background music in Japanese anime also attracts attention overseas. The Background Music used in Japanese anime is characterized by the use of pianos, orchestras, and other grandiose tunes. BGM has the effect of expressing the emotions of the characters and creating an impression of the anime's atmosphere.

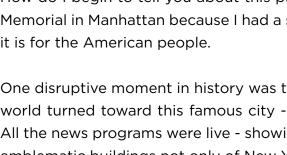
Thirdly, Japanese anime can be enjoyed by people of all ages. Most foreign animations are made for children. In comparison, Japanese anime is made not only for children but also for adults. The appeal of Japanese anime is that many of its works are thoughtprovoking, as the characters face difficulties and setbacks. Works that depict complex lives and realistic human emotions will appeal to the hearts of adults as well.

In summary, Japanese anime has a wide variety of genres and they also appeal to adults. For this reason, some foreigners seem to empathize with and are moved by Japanese anime. Among Japanese anime, "One Piece" and "DEATH NOTE" are popular overseas. The reason for their popularity can be attributed to the presence of characters that are loved by everyone and a unique worldview that is not found in foreign anime.



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MY EXPERIENCE AT THE 9/11 MEMORIAL IN NEW YORK.

Ticket: \$26

Address: 180 Greenwich St., NY, 10007 Near the World Trade Center subway station "The Oculus"

How do I begin to tell you about this place? On my first visit to New York, I went to the 9/11 Memorial in Manhattan because I had a strong memory of that day and I know how important it is for the American people.

One disruptive moment in history was that morning of September 11th, when the eyes of the world turned toward this famous city - no one could believe what was happening that day. All the news programs were live - showing the image of a plane crashing into one of the most emblematic buildings not only of New York, but also of American culture and the world.

That day, America lost the Twin Towers but they also discovered the real heroes and witnessed the union of one city and their people. The place where the towers were is now "The Zero Zone".

Like all the landscapes in the city, you can arrive by subway and have the opportunity to see one of the most beautiful metro stations made by the Spanish Architect Santiago Calatrava, "The Oculus". I recommend you wear comfortable shoes and buy your ticket online to save time. The first image is this beautiful garden surrounded by fountains of cascading water, with the engraved names of all who fell that day.





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MEMORIAL

"No day erase you from

the memory of time" Virgilio



SEPTEMBER 2022



When you enter the museum, there is a room that shows the different broadcasts from around the world showing the two planes crashing into the towers, and a chronological review of that morning. When you take the escalators down, you can find part of the structure of the building - it is a sad and immersive experience.

During the visit you are going to have a lot of feelings. For example, you will see part of the transmission tower, one of the fire trucks destroyed by the heat, and parts of the building that remain. It is amazing but in a sad way, and it is unbelievable the level of destruction the explosion caused that day and how that emblematic place vanished. However, the world knows the strength of New Yorkers and their solidarity and courage.



The most endearing part is when you see testimonials from: the families who talk about their loss and the history of the lives of everyone who fell that day, and from the families and friends of the people who worked that day such as building cleaners, cops, firefighters, security employers, and k9 rescuers. But be careful because not just one tear will appear on your face. This is a city of migrant people who have a long history, and it will touch your heart.

This memorial has a lot of detractors who believe that it is wrong to cause pain for the families; something I don't believe. This historic event will not be erased nor the history of all the people who died that day. It is the most wonderful tribute to them.





This year is the 21st commemoration of that sad moment, so I invite you to follow the official count at www.911memorial.org and participate in the different activities because "no one shall erase that moment of the memory of time".

By Ludwig Albert

DEMOCRACY IN BRAZIL

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By Fernando

Now for the first time in Brazil's long and tortured history, democracy is being challenged and it is passing through a difficult phase. Unfortunately, this is due to the fact that our President, Jair Bolsonaro, doesn't believe in our Supreme Court. Like a dictator, he thinks he is above the law. Because of his frequent attacks on the Supreme Court and the electronic voting system, more people now believe our elections are rigged. Even though our electronic voting system is widely respected internationally, Bolsonaro and most of his voters refuse to accept it.

Bolsonaro, like a lot of other populist leaders in the 21st century, rose to prominence as a result of deep distrust in the traditional political classes. Although the previous Workers' Party governments did much to reduce extreme poverty and succeeded in removing Brazil from the United Nations' World Hunger Map, they became mired in corruption scandals that undermined confidence in the political system. The Operation Car Wash investigation revealed that corporations made payments to government officials and politicians in exchange for lucrative contracts worth billions of dollars with the state oil company Petrobras. It was one of the biggest corruption scandals in history. It was in this environment that Bolsonaro — who was a retired military officer and a deputy known for his controversial opinions — became popular. He was seen as an outsider who would save Brazil from corruption and "communism".

A series of letters in defense of democracy were released in recent days, two months before the general elections scheduled for October 2nd. None of the main letters directly cite the President; however, they defend the Brazilian electoral process and institutions, such as the Judiciary and the Electoral Justice system.

Brazil is still a young and vibrant democracy in South America, although it is not perfect. We have had a democratic constitution since 1988. Before 1985, we were ruled for 21 years by a military dictatorship. This regime censored music, films, books and artistic expression. Thousands of people were tortured, imprisoned and killed (including children). Our economy was also very weak by the time the regime ended. If we become a dictatorship again, I'm sure the people will resist it.

> In conclusion, Brazil is at a crossroads. It is about to have one of the most important elections in its history. Voting has never been more sacrosanct for Brazil's young democracy. Brazil's democracy is on the precipice and this is the moment in which people can use their voices and their ballots to steer the country back from the brink of a catastrophe.

E PROGRE

Viva la Frida

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Frida Kahlo, considered by many as the most influential Mexican painter of the 20th century, has inspired millions of people around the world. Admired not only for her painting but for her strong personality, her work transports us to a world of feelings where pain and love for life meet.

An icon of feminism, Frida was a free woman who captured her ideals in her work. She spoke openly about sexuality, abortion, breastfeeding, and motherhood. She tried to give voice to the women of her time who felt repressed because they were not allowed to speak freely.

Her story was marked by illness and tragedy. She was disabled by polio as a child. At the age of 18, a bus accident caused her lifelong pain and medical problems. During her life, Frida had 32 surgeries, 2 abortions, and suffered the amputation of her right leg

which left her unable to walk in her final years. Notwithstanding the difficulties, Frida Kahlo was able to transform her suffering into art. This resulted in a fascinating blend of symbolic and pictorial systems in her art.

Eight days before dying, Frida took her brush for the last time and wrote, "VIVA LA VIDA - Coyoacán 1954 México" on one of the watermelon slices of a modest oil painting. A final message was found in her diary too, "...I joyfully await for the departure... and I hope to never come back..."

Viva la vida (Long live life), her last work, is not her most famous nor her most expensive work, but it is the tribute to life that Frida left to the world.

By Miguel

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BEAUTY SHOULD BE KIND TO EVERYONE

Studies estimate that around 200,000 animals suffer and die every year due to cosmetic testing. The most commonly used animals are rabbits, rats, and guinea pigs. They are used to test hair products, mascaras, skincare products, and other makeup products. Animal testing has been proven to be unnecessary because different species can react differently to the same chemicals or products.

There are products on the market that have the cruelty-free symbol (which is a bunny). People think these products have not been tested on animals but that's not the case. The symbol just indicates the final product has not been tested on animals. However, sometimes some of the ingredients within



the product have been tested on animals and people are not notified about it.

Some countries have created laws to either regulate or completely ban the testing of cosmetics on animals. However, that's not the case in the U.S. This means companies can choose to use animals.

Now in 2022, amazing and huge advances in technology have helped minimize testing on animals. For example, the industry now can recreate the effects of makeup on a 3D cornea instead of hurting a rabbit for results. Nowadays, there are safer and more accurate ways to predict human reactions.

By Dalia





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